



Lioness Newsletter

February 2010

Next Meeting

**February 22, 2010
Monday 6:00 p.m.**

**I-S Community
Fitness and Aquatic
Center, Iola**

April-Sept :Silver Lake
Lanes, Scandinavia

Oct-March: Fitness &
Aquatic Center, Iola

*Please contact Lioness
Sue Jacobson at 445-
2492 if you can't be at
the meeting or if you are
bringing a guest.*

2010 Lioness Rose Sale

All members: Please READ the attached information sheet about the Rose Sale. It tells you everything you need to know. Questions? Call Mary Ann Zilz.

Notice from Pat Leer: She has a black mailbox hanging to the right of her porch steps (N7715 Co Rd J) for anyone wanting to drop off orders and checks.



CONTACTS

Mary Ann Zilz, Chr
445-2448

Pat Leer—445-3955

Joanne Faber—445-2155

DATES TO REMEMBER

March 4—Last sale date

March 11—Exchange date

March 26—Delivery!

Non-Traditional Scholarship Applicants Chosen

Scholarship chairperson Lioness **Lynn Myers** has announced that she received six applications for the Non-traditional Scholarships we offer. The committee met on Monday, February 15. Two winners were chosen. Both winners will be announced, and they will be our guests at the February meeting. Thanks to the committee for all their hard work.



Thank you, Lioness Members. You're the BEST

Thanks to all of you who volunteered your time to help during the Iola Winter Carnival and Lutefisk Supper: Set-up, waitressing, baking pastries, clean-up, etc. Each person who helped made every job easier.



Sunshine Committee

Please notify Lioness **Sherry Neidert** if you know of someone in need of cheering up. You can help to brighten someone's day. Call Sherry at 445-2578.

A card was sent to
Joyce Harvancik.

Thanks, Jeanette

Thanks to Lioness **Jeanette Moos** for guiding the Winter Carnival Queen and Princesses through their schedule of events.



2010 Officer Training Session

April 24, 2010 9:00 a.m. to 1:00 p.m.
Heart of the Valley YMCA,
225 W. Kennedy Ave., Kimberly

Easter Party Prizes

Be on the lookout now for prizes to donate. Walgreen's and dollar stores are good places to check. Some suggestions: sunglasses, large coloring books, stuffed animals, card games, Matchbox-type cars, bubbles.

Post-Prom Party

Chairperson: Ryan Kriewaldt
Volunteers are needed for prize shopping, set-up, assisting with games, and helping with food.

Sign-up sheets will be passed around at our meetings.



Easter Party—March 27, 2010

This year's children's Easter Party will be held on Saturday, March 27, 2010. That's the week BEFORE Easter, so mark the date on your calendar so you don't forget.



Board Meeting Updates

MSC = Motion, Second, Carried

- 1) Easter Party prize donations can go to either Michelle Nelson or Susan McNamara.
- 2) Iola Lioness club will be in charge of the shortcake stand at Waupaca's Strawberry Fest.
- 3) Reminder: Dues are due February 22, 2010.
- 4) The Chamber of Commerce Family Fun Day has been cancelled.

Birthday Corner

- *Sara Anderson Feb 13*
- *Colleen Sykes Feb 22*
- *Jean Dix* Feb 24*
- *Ann Tap* Feb 25*

* denotes at-large member



Outstanding Citizen Nominee

Lioness **Janine Beauchaine** was one of six nominees for the 2009 Outstanding Citizen of the Year award sponsored by I-S Chamber of Commerce.

We all know that there are countless selfish acts of charity that Janine does for those in need, as well as hours of service she gives to Lioness.

We're proud you received this great honor, Janine.

Good
Job,
Janine

Nomination of Officers for 2010-2011. Open to nominees from the floor.

President— Susan McNamara	1st VP— Colleen Sykes
2nd VP— Joanne Davis	3rd VP— Kate Korb
Secretary— Alice Peterson	Treasurer— Mary Ann Zilz
Skirt Twisters— Marilyn Mortenson and Sherry Neidert	
Lioness Tamer— Sandy Bostwick	1 yr Board— Sherry Neidert
2 yr Board— Ryan Kriewaldt	3 yr Board— Shirley Erickson



Needed: A co-secretary

National Diabetes Alert Day March 23, 2010

- 1) Almost 23.6 million people in the United States have diabetes.
- 2) At least 57 million people age 20 or older have pre-diabetes.
- 3) In Wisconsin, 1.06 million adults have pre-diabetes!

YOU ARE MORE LIKELY TO DEVELOP TYPE 2 DIABETES IF

you are 45 years old or older

you have a parent, brother, or sister with diabetes

your blood pressure is 140/90 or higher

your HDL cholesterol is 35 or lower, or your triglyceride level is 250 or higher

you are fairly inactive, or you exercise fewer than three times a week

Only your health care provider can tell you if you have diabetes. Find out for sure!

2009-2010 Officers

President - Michelle Nelson
1st Vice President - Susan McNamara
2nd Vice President - none
3rd Vice President - Colleen Sykes
Secretaries - Alice Peterson & Lynn Myers
Treasurer - Mary Ann Zilz
Membership Chairperson - Mary Ann Zilz
Skirt Twister - Marilyn Mortenson
Lioness Tamer - Shirley Erickson

Board of Directors:
1 yr. - Sherry Medrow
2 yr. - Sherry Neidert
3 yr. - Ryan Kriewaldt

Calendar



of Events

- Feb 22 Lioness Regular Meeting, Fitness & Aquatic Center, Iola, 6:00 p.m.
- Mar 1 Lions regular meeting
- Mar 4 Last sale date for roses
- Mar 8 Iola Lioness Board Meeting, 6:00 p.m. Iola Library
- Mar 26 Rose delivery day
- Mar 27 Easter Party
- April 10 Post-Prom Party